

**Master Johnson will be having a Forms only Tournament on Nov 5, 2017. It will be at his school on Belmont Ave. He is planning on having forms done in a variety of ways.**

**Highest Form**

**Synchronized Form**

**Application of Moves**

**Mark your spot. ( Start and stop form on same spot on the floor.)**

**Random form ( roll of the dice to pick form. For higher rank students)**

**Our White Tiger Martial Arts Tournament has been scheduled for Sunday, December 17, 2017.**

# Traditional Taekwon-do Kwan 2017 Fall Forms Tournament

Sunday, November 5, 10 a.m. – 4 p.m. at Traditional  
Taekwon-do 2940 S.E. Belmont St., Portland, OR 97214



**Events:** Top form, Synchronized form, Weapons form, Board breaking form, Random form, "Hit Your Mark," Bunkai/bunhae demonstration.



**Trophies and Olympic style medals for all competition.**

**Adult and Children's Grand Champion Trophies**

**Entry fee: \$25 (black and brown belts \$30)**

If pre-registered by October 24 (otherwise, \$10 more)

*Family discount: \$20 for each family member after the first*

**For more information call 503-736-9634**

# Forms Tournament Events

**Top (last) Form:** Competitors will be grouped by rank and age. Judges will make decisions based primarily on the following criteria: stances, chambers, focus, power, pace, weapons, execution of techniques and ferocity (this is where the performance quality of a form comes in). Colored belt competitors must perform the last form they have learned. Black belts may demonstrate any form in their dan level.

**Synchronized Form:** Two to three competitors collaborate to perform a form together. Primary judging criterion is the synchronicity—that is, doing every move at exactly the same time, and without looking at one another. Also creativity, such as facing in different directions or one person doing the form as if in mirror image. Beyond that, the same criteria are used as in an individual form category. Synchronized forms competitors may be from different ranks.

**Randomly Selected Form:** Competitors are called up and the name of a form that they have learned is selected at random. The competitor then must perform it and is judged on the same criteria as in one's top form. Only for black belts and high ranking colored belts (.e.g., brown and red belt in taekwon-do).

**Randomly Selected Synchronized Form (Black Belts only):** A combination of the two previous event categories.

**Bunkai** (Application of the moves in a form): Competitors demonstrate a brief portion of any form they know (three to six moves, depending on complexity). They then demonstrate how the moves are applied in a self-defense situation. Judges will look for both creativity and soundness of the application.

**Weapons Form:** Competition will include any traditional martial arts weapons (bo, nunchucka, sword, etc.) as well as forms using potential modern day weapons (bike lock, briefcase, umbrella).

**Hit Your Mark:** Competitors must start and stop in the same spot. Judges will be looking for consistent stances

**Board Breaking in a Form:** Competitors will attempt board breaks as they move through their form. Limit is two boards per form.

# TRADITIONAL TAEKWON-DO FORMS TOURNAMENT

## ENTRY FORM

Name \_\_\_\_\_ Rank \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

E-mail address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Name of School \_\_\_\_\_ Style \_\_\_\_\_

Instructor \_\_\_\_\_ School Location \_\_\_\_\_

### Competitor Release - Liability Waiver

I, the undersigned, do hereby voluntarily submit my application for participating in the Traditional Taekwon-do Forms Tournament to be held beginning at 10 a.m. November 5, 2017 at Traditional Taekwon-do Belmont Center, 2940A S.E. Belmont St, Portland, OR 97214 I assume full responsibility for any and all damages, injuries or losses which I may sustain or incur while attending or participating. I hereby waive all claims against the promoters, the sponsors, the building owners, or individuals for injuries I may sustain. I fully understand that my entry fee is NON-REFUNDABLE. I HAVE READ AND FULLY UNDERSTAND THE ABOVE WAIVER.

\_\_\_\_\_  
Signature of Competitor Date

\_\_\_\_\_  
Signature of Guardian if Competitor is under 18 Date

### ENTRY FEE:

Rank of 3<sup>rd</sup> kup and below: \$25

Rank of 2<sup>nd</sup> kup and higher: \$30

***(\$10 extra if you register after October 24, 2017.)***

### REGISTER FOR UP TO FOUR OF THE FOLLOWING EVENTS:

Top form, Synchronized form, Weapons form, Board breaking form, Random form, "Hit Your Mark," Bunkai/bunhae demonstration.

Make check or money order out to Traditional Taekwon-do LLC and mail to:

2940A SE Belmont St

Portland, OR 97214

**For more information**, call Gil Johnson at (503) 736-9634 Or e-mail to [tkdpdx@spiritone.com](mailto:tkdpdx@spiritone.com)