

There are two tournaments, one on March 10, 2018 and the other on April 28, 2018.

Scroll down for entry forms and information sheets.

**Spring PNTA Taekwon-Do Friendship
Tournament
Bettencourt's Taekwon-Do America Head
Quarters
March 10, 2018**

www.worldmusadofederation.com (click the facebook icon)

618 Main St. Oregon City, OR

Door registration: 9:00 AM

PNTA Judges Meeting: 9:45 AM

Tournament begins: 10:00 AM

HOSTED BY:

Bettencourt's Taekwon-Do America

SANCTIONED BY:

Pacific Northwest Taekwon-Do Association

Traditional "Non-Contact" Point Freesparring

Hyungs(Forms/Tul/Kata)

Board Breaking

Weapons

Olympic Style Medals/Trophies/Sword Sets for

Adult Grand Champions



Call 503-650-0680 / Fax 503-650-3886 bettencourtstk@hotmai.com

2018 Spring Taekwon-Do Friendship Tournament

March 10, 2018
ENTRY FORM
Spring PNTA Friendship Tournament

Name: _____ Rank: _____
Address: _____ Phone: _____
City: _____ State: _____ Zip: _____
DOB: _____ Sex: M F Age: _____ Weight: _____
Instructor: _____ School: _____

Pre-register by Thursday, March 10, 2018

First Div. Entry Fee: \$40 (Add an additional \$10 for each additional event)

NO REFUNDS. Make checks payable to: Bettencourt's Taekwon-Do America
(PLEASE CHECK THE DIVISIONS YOU ARE COMPETING IN)

FREE SPARRING HYUNGS BREAKING WEAPONS TEAM SPAR

\$40 _____ \$10 _____ \$10 _____ \$10 _____ \$10 _____

Method of payment: Cash _____ Check _____ Credit Card _____

Credit Card Number: _____

Exp. Date: _____ Name on Card: _____

WAIVER

I, the undersigned, do hereby voluntarily participate in the 2018 PNTA Spring Tournament to be held at 618 Main St. Oregon City, OR. I assume full responsibility for any and all damages, injuries, deaths or losses which I may sustain or incur while attending or participating. I hereby waive all claims against the tournament director, sponsors, officials, individuals, BTA for injuries including their sole or partial negligence on their part that I may sustain. I fully understand that my entry fee is non-refundable. I consent that any picture furnished by me or any pictures taken of me in connection with the tournament can be used for publicity, promotion or television showing, and I waive all compensation in regard thereto. I further acknowledge that martial arts competition is potentially dangerous and can result in injury. I am in good health and physical condition to participate in this tournament. I HAVE READ AND FULLY UNDERSTAND THE ABOVE WAIVER.

Signature of contestant Date Signature of Parent/Guardian Date

Send to: Bettencourt's Taekwon-Do America
c/o 11954 NE Glisan St. #433
Portland, OR 97220
503-650-0680

TRADITIONAL TAEKWON-DO KWAN PRESENTS

2018 Spring Invitational Tournament

Saturday, April 28

Imago Dei Community Gym

1302 S.E. Ankeny St., Portland, OR 97214

**Black Belt competition starts at 9:00am – Colored
Belts at 11am**

Forms

Sparring

Board Breaking

Power Kicking

Demonstration Teams

“Build the Castle” competition

Olympic style medals for all competition.

Adult and Children's Grand Champion Trophies

Forms Grand Champion Trophy

Demo team trophies

Entry fee:

\$35

If registered by April 25—otherwise

***\$10 more. Family discount: \$10 for each
family member after the first.***

For more information, call: (503) 736-9634



2018 Traditional Taekwon-do Invitational Tournament – Divisions

Forms

Forms divisions will be split on kup and dan rank as well as age. Usually two kup levels will be grouped together.

Tiny Tigers (4 – 6) Full form or Partial first form

Children (7 – 14)*

Adults (15+)

Weapons (if there are enough contestants, there may be Black Belt and Colored Belt divisions

NOTE: Students who promoted in the previous two weeks and do not know all of their new form may perform their previous form.

Board Breaking (intermediate and advanced students only)

Boards must be 1 x 12-inch pine, cut into widths no less than 9 ½ inches nor more than 10 inches. Boards will be available for purchase at the tournament.

Competitors may attempt to break multiple boards with a single technique and also to break with consecutive techniques, but in the latter case, all techniques must be done in **continuous motion**. There will not be one set up of a break and then a totally separate set up of another break. Each competitor gets two attempts to break boards, with the second attempt receiving a half score. Competitors must set up and attempt their break within 60 seconds.

Power Kicking (novice students only)

Competitors will kick three target shields, each held by a different judge. The judges then will score them on their impact.

Note: Novice students are typically white or yellow belts with less than a year of continuous training. Intermediate and advanced students are those who have trained continuously for a year or more.

Demonstration Teams

Demonstration teams can be two to four students of mixed ages and belts. A synchronized form is mandatory and any other aspect of your martial art may also be demonstrated, so long as safety prevails. Each team has two minutes to conduct the demonstration.

Sparring

Sparring is entirely non-contact point sparring. A groin cup is mandatory, however. Divisions will be split according to rank, age and size. Two or three kup levels may be put together.

Tiny Tigers (4-7)

Children (8 -11)*

Juniors (12 -14)*

Adults (15+)

Seniors (50+)

Build the Castle

This is a competition in which students do jumping kicks over a belt stretched between two judges. With each pass, the belt is raised until only one student has cleared the height. There will be three to four divisions, based on size.

**Discretion, in consultation with the student's instructors, will be used in placing children competitors in the most appropriate divisions.*

TRADITIONAL TAEKWON-DO INVITATIONAL TOURNAMENT

ENTRY FORM

Name _____ Rank _____
Birthdate _____ Age _____
Address _____
E-mail address _____
City _____ State _____ Zip Code _____
Name of School _____ Style _____
Instructor _____ School Location _____

PICK YOUR EVENTS Your entry fees allows you to enter all of the following:

☐ Forms ☐ Non-contact Sparring ☐ Demonstration team
☐ Weapons form ☐ Build the Castle (Jumping Kick Competition)
And **either** Board Breaking (Intermediate and Advanced Students) ☐
or Power Kicking (Novice Students) ☐

Competitor Release - Liability Waiver

I, the undersigned, do hereby voluntarily submit my application for participating in the TRADITIONAL TAEKWON-DO INVITATIONAL TOURNAMENT to be held April 28, 2018 at Imago Dei Community, 1302 S.E. Ankeny St., Portland, OR 97214. I assume full responsibility for any and all damages, injuries or losses which I may sustain or incur while attending or participating. I hereby waive all claims against the promoters, the sponsors, Imago Dei Community or any individuals for injuries I may sustain. I fully understand that my entry fee is NON-REFUNDABLE. I HAVE READ AND FULLY UNDERSTAND THE ABOVE WAIVER.

Signature of Competitor

Date

Signature of Guardian if Competitor is under 18

Date

ENTRY FEE: \$35

If pre-registered by April 25 (otherwise, \$10 more) *Family rate is \$20 for each additional participant.*

UNLIMITED ENTRY TO ALL EVENTS ALLOWED BY RANK

Make check or money order out to Traditional Taekwon-do and mail to:
2940A SE Belmont St.
Portland, OR 97214

You may also be able to give entry forms to your instructor to be turned in.

Breaking materials must be checked in prior to competition on day of the event.

For more information, call Gil Johnson at (503) 736-9634 Or e-mail to tkdpdx@spiritone.com