



INTERNATIONAL TAEKWONDO BLACK BELT ASSOCIATION

FORMS SEMINAR WITH
GRANDMASTER **TAE SUN KANG**

SUNDAY, APRIL 24, 2016

Location

2940A S.E. Belmont Street
Portland, OR 97214
Phone: 503-736-9634
E-mail: tkdpdx@spiritone.com

Date/Time

Sunday, April 24, 2016 12pm – 3pm

Fee

\$40

Open To

All Taekwondo Masters,
instructors and students

Seminar Topics

- Basic stances
- Blocks
- Kicks
- Traditional Taekwondo Forms (Chon-Ji - Tong-Il)

Please RSVP at tkdpdx@spiritone.com
by March 24th.

World-renowned Grandmaster, **Tae Sun Kang, 9th Dan Black Belt** with over 45 years of Taekwondo training, author of "Black Belt Fitness For Life," "Traditional Taekwondo Forms DVD" and cover author of Taekwondo Times Magazine, will be teaching a traditional Taekwondo Forms (in the original method without the use of sine-wave) seminar on Sunday, April 24th from 12pm – 3pm.

